# 2001 GPSO MEETING

Wednesday, November 7, 2001, Philadelphia

# The Greater Philadelphia Society of Orthodontists Presents:

# "Appearance driven diagnosis and treatment planning." David M. Sarver, D.M.D., M.S.

# Outline

Localized Etiologic Agents

- Osteoarthritis-Degenerative joint disease
- Abnormal functional load
- Trauma
- Internal derangement
- Avascular necrosis?

## Condylar Resorption-Systemic Etiologies

- Rheumatoid arthritis
- Familial Mediterranean Fever
- Lupus
- Gout
- Sjogren's syndrome
- Bulimia
- Marfan's syndrome
- Psoriatic arthritis

## Rheumatoid Arthritis-Radiographic Features

- 30% exhibit detectable radiographic changes
  - Flattening of anterosuperior aspect of condyles
  - Irregular destruction of the Temporal fossa
  - Changes most often bilateral

## Rheumatoid Arthritis-Treatment

- Painless of a problem as is dysfunction
- Local treatment:
  - Aspirin or NSAIDS
  - Therapeutic exercises
  - Intrasynovial steroid injections

Juvenile Rheumatoid Arthritis-Clinical Features

- Severe micrognathia due to interruption of growth
- Generally bilateral, but occasionally unilateral
- Complaint of pain rare (except synovitis)
- Open bite rare

## JRA-Treatment

- Treat pain with aspirin or NSAIDS
- Synovectomy possible for temporary relief of pain
- · Observation for disease to "burn out"-follow cephalometrically

- Correction of occlusion
  - Orthodontics
  - Orthodontics and orthognathics
  - Prosthetic joint replacement
  - Prosthodontics

## Familial Mediterranean Fever

- Very rare disorder, 85% involves Sephardic Jews and American
- 70% of cases occur before the age of 10

## Lupus Erythematosis

- Polyarthritis
- Conjunctivitis
- Nasal or mouth ulcers
- Skin rash
- Changes in urine or bowl habits

## Eating Disorders

- Anorexia Nervosa
- Bulimia

### **Diagnostic Tests**

- Comparisons of bone mineral density (BMD)
- Biochemical indices (Urinary HOP-parameter of osteoclastic activity)
- Markers for bone formation and resorption

#### Anorexia Nervosa

- If AN occurs before or during adolescent growth spurt, it can impair bone
- development (Lacy et al Postgrad Med J 1979)
- Also results in decreased bone mineral density (BMD)

#### Marfan's Syndrome • Congen

- Congenital heart defects
- Aortic root enlargement
- Mitral valve prolapse
- General "looseness" and hypermobility of all joints
- Limit sports participation

#### Marfan's Syndrome

- Extreme height-arms span may be disproportionately longer than body and height
- Late psysical maturation

## Postoperative Condylar Resorption

- Type of fixation?
- Maxillomandibular immobilization?
- Skeletal type?
- Condylar loading?
- Age tendency?
- Gender?

### Conclusion-POCR

- Beware the high angle Class II, open bite
- Follow for 2 years postoperatively
- When discovered, treat like root resorption-finish mechanics